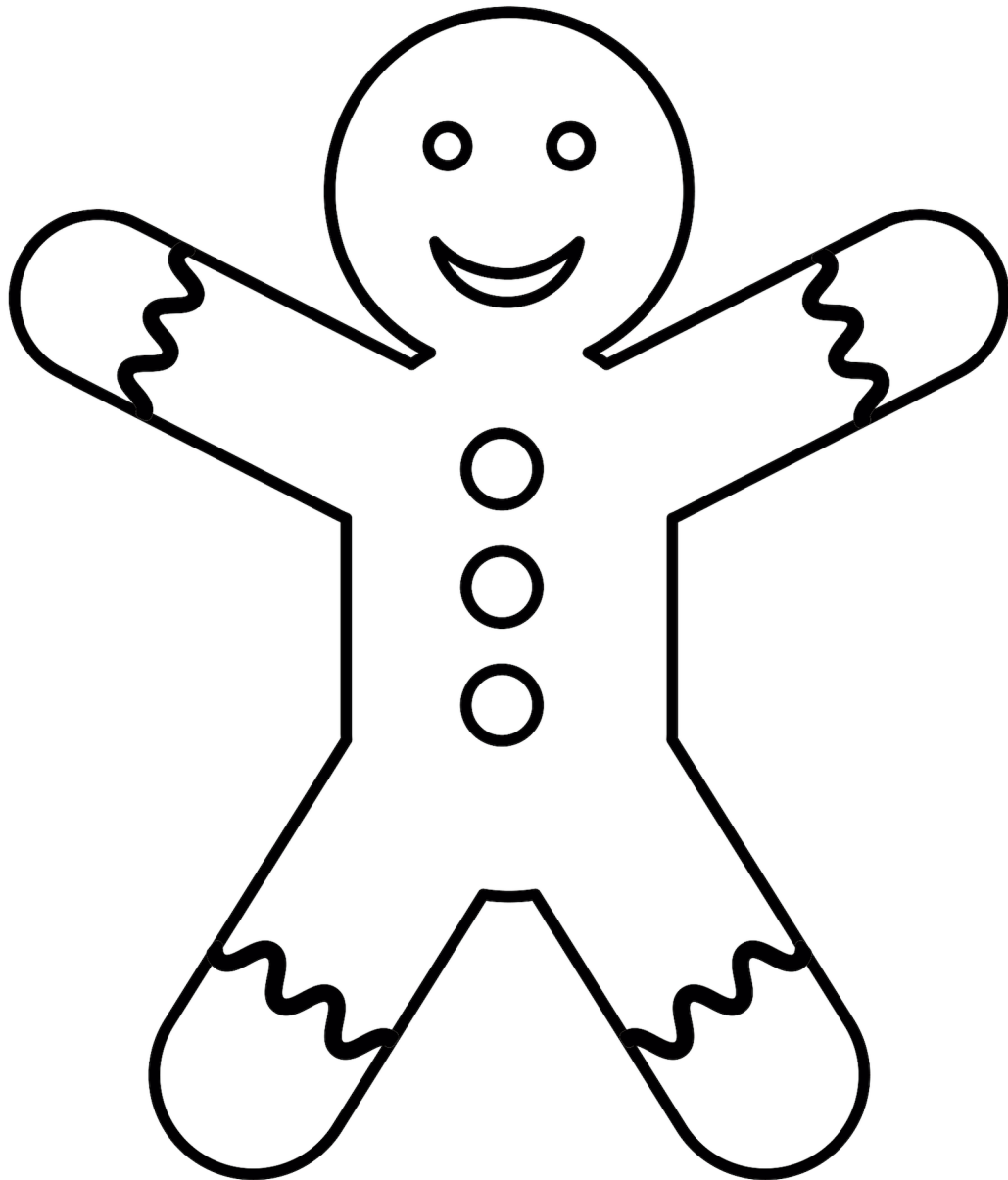


BUTTON BREATHES



We will be counting our breaths by using each of the gingerbread mans buttons. Point to the first button and breathe in and breathe out slowly. Next point to the second button and breathe in and out slowly. Finally, point to the third button and breathe in and out slowly.